Control Corrective®

# Coastal Hydration Facial

**PERFORMING THE PROTOCOL**

**Pre-Treatment Tip:** Add a few drops of coconut or sandalwood essential oil to warm towels to enhance relaxation and create a soothing sensory moment that elevates the client's experience.

## Client Consultation: 5 Minutes

| STEPS | INSTRUCTIONS |
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| Step 1 | Perform a brief skin analysis and review contraindications. Discuss treatment goals and customize the protocol based on the client's needs and skin condition. |

## Cleanse Phase: 5 Minutes

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| Step 2 | Perform a double cleanse. Cleanse first with the **Sensitive Skin Cleansing Milk**, then follow with the **Cucumber Bead Cleanser**. Massage into the face, neck, and décolleté for 1-2 minutes, focusing on areas with makeup or buildup. Remove thoroughly with warm, damp towels. |
| Step 3 | Saturate two cotton pads with **Sensitive Skin Tonic with Aloe** and apply to the entire face, neck, and décolleté. |

## Cooling Globe Phase: 5 minutes

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| Step 4 | Apply a **targeted serum** to the face, neck, and décolleté, then, using chilled globes, gently glide them over the face to help calm visible redness, reduce puffiness, and refresh dehydrated, summer-stressed skin. Focus on the cheeks, under-eye area, jawline, and forehead using slow upward and outward movements for 3-5 minutes.<br><br>**VitaC Peptide Complex** - antioxidant support<br>**Redness Relief Serum** - sensitivity, redness support<br>**Cellular Repair Serum** - dry, dehydrated support |

## Facial Massage Phase: 10 minutes

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| Step 5 | Perform a relaxing facial massage using **Hydra Calm Facial Oi**l on the face, neck, and décolleté for 7-10 minutes to support circulation, relaxation, and skin comfort. |

**TREATMENT DURATION:**
45 Minutes

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**COST PER TREATMENT:**
$5.00-$6.50

### TREATMENT DESCRIPTION

Restore moisture, comfort, and radiance to summer-stressed skin with this hydration-focused facial that replenishes lost water, supports the skin barrier, and revives a healthy glow. Ideal for clients experiencing dehydration from sun exposure, air travel, heat, chlorine, saltwater, over-exfoliation, or environmental stress. This treatment combines gentle exfoliation, hydration layering, and cooling massage techniques to leave skin visibly smoother, softer, and refreshed without aggressive correction.

### RECOMMENDED SKIN TYPES

Dry, dehydrated, sensitized, mature, dull, travel-stressed, or environmentally compromised skin.

### EQUIPMENT AND SUPPLIES OVERVIEW

Please have these items available prior to beginning:

- Fan brush
- Bowls
- Warm towels
- Cotton rounds
- Headband
- Gloves
- LED device (optional)

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## Mask Phase: 10 Minutes

Step 6 Combine the **Sensitive Skin Enzyme Mask** with a small amount of the **Balancing Thermogel Mask** to create a customized treatment blend. Apply evenly to the face, neck, and décolleté with a fan brush. Leave on for 7–10 minutes, then remove with warm towels.

*Optional*: Incorporate LED light therapy while the mask sits.

## Hydrate and Moisturize Phase: 10 Minutes

Step 7 Finish the facial with a light application of **Collagen Eye Defense**, **Ceramide Daily Cream**, and **Aroma Matte Day Cream SPF 30** to hydrate, firm, and protect the skin.

## Summer Skin Support Recommendations

- Experiencing summer dehydration? Layer **Hydrant Stabilizer** underneath moisturizer or SPF for an additional boost of lightweight, cooling hydration.
- Mist **Sensitive Skin Tonic with Aloe** onto the skin post-shower, post-workout, or after sun exposure to help **refresh and comfort overheated skin.**
- Apply **Calming Balm** to areas experiencing visible dryness, sensitivity, or **post-sun redness** to help comfort stressed skin.
- During summer, opt for **gentler exfoliation methods** like **Sensitive Skin Enzyme Mask** to help smooth and brighten skin without over-stripping.
- Alternate stronger exfoliants with hydration-focused treatments during warmer months to help maintain barrier balance.
- Pair **VitaC Peptide Complex** with daily SPF use to help **support brighter, healthier-looking skin** during increased environmental exposure.