Control Corrective®

Targeted Acne Therapy Protocol

PERFORMING THE PROTOCOL

Client Consultation: 5 Minutes

STEPS	INSTRUCTIONS
Step 1	Perform a thorough skin analysis and review contraindications for chemical exfoliation. Identify the acne type (inflamed, non-inflamed, or hormonal) and customize the strength and extraction approach accordingly.

Cleanse Phase: 5 Minutes

Step 2 Perform a double cleanse. Cleanse first with the **Cucumber Bead Cleanser,** then follow with the **Salicylic Wash 2%**, depending on sensitivity. Massage into the face, neck, and décolleté for 1-2 minutes, focusing on areas with makeup or buildup. Remove thoroughly with warm, damp towels.

Peel Phase: 10 minutes

Step 3 Saturate two cotton pads with a **skin-specific toner** and apply to the entire face, neck, and décolleté.

Skin-Specific Toners:
Exfo Tonic - Oily skin
Balancing Tonic - Normal to dry skin
Blend of **Balancing Tonic + Exfo Tonic** - Combo skin

Step 4 Provide a handheld fan to help the client stay comfortable. Apply approximately 1 teaspoon of the **Beta Peel 22%** in a thin, even layer using a semi-stiff fan brush in upward strokes, avoiding the eye area and eyelids. Ensure the client keeps their eyes closed throughout. Leave on for 2-4 minutes, then remove and neutralize with cotton or gauze saturated in a water and baking soda solution. Mild tingling may occur initially.

Extractions: 10 minutes

Step 5 Apply the **O2 Med** to areas of the face requiring extractions. Cover with Saran Wrap and allow it to sit for 2-3 minutes to soften the comedones. Tissue off the excess as you perform extractions.

TREATMENT DURATION:
45-65 Minutes

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COST PER TREATMENT:
$5.00-$6.50

TREATMENT DESCRIPTION

A comprehensive facial treatment designed to target acne at its source while reducing inflammation and maintaining skin balance. This therapeutic facial combines controlled exfoliation, targeted antibacterial action, extractions, and calming support.

RECOMMENDED SKIN TYPES

Designed for clients with mild to moderate acne (grades 1-3).

EQUIPMENT AND SUPPLIES OVERVIEW

Please have these items available prior to beginning:
- Fan brush
- Bowls
- Warm towels
- Cotton rounds
- Headband
- Gloves
- LED Device (optional)
- Saran wrap (for extractions)
- Extraction tools
- Hand-held fan

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Technology Phase: 5-10 minutes

Step 6 *(optional)*

Use LED Light therapy to target acne-causing bacteria and reduce inflammation.

- Blue Light: Antibacterial action
- Red Light: Supports healing and reduces inflammation

Mask Phase: 10 Minutes

Step 7

Mix **Sulfur Calming Mask** with a small amount of **Calming Balm** to calm irritation and reduce inflammation. Apply evenly to face, neck, and décolleté. Leave on for 7-10 minutes, then remove with warm towels.

Hydrate and Moisturize Phase: 10 Minutes

Step 8

Finish by massaging **Calming Balm** into the skin, followed by a **skin-specific moisturizer**, and **Oil Free Sunscreen SPF 30** to hydrate, firm, and protect the skin.

Skin-Specific Moisturizers:
Oil Free Hydrating Lotion - Dry, dehydrated skin
Hydrant Stabilizer - Oily skin