



Advanced C Renewal Facial

VITAC PEPTIDE COMPLEX TREATMENT PROTOCOL



Client Consultation: 5 Minutes

Step 1 Perform a brief skin analysis and review contraindications. Discuss goals and customize treatment accordingly.




Cleanse Phase: 10 Minutes

STEPS INSTRUCTIONS

Step 2 Pre-cleanse by applying a generous amount of the **Sensitive Skin Cleansing Milk** directly to dry skin. Massage the product over the face, neck, and décolleté for 1–2 minutes, focusing on areas with makeup or buildup. Remove thoroughly with warm, damp towels.

Step 3 Begin by cleansing the face, neck, and décolleté with a skin-specific cleanser. Remove thoroughly with warm towels.

- **Anti-Aging Cleansing Gel** - mature, dry, or dull skin
- **Gentle Face Wash** - sensitive or dry skin



Exfoliation: 15 Minutes

Step 4 Prep the skin for exfoliation by applying a skin-specific exfoliant to soften surface debris and enhance product penetration. Avoid the eye area.

- **Complexion Treatment Pads** - all skin types
- **Exfo Tonic** - oily, acne-prone skin

Step 5 Provide a handheld fan to ensure client comfort. Measure approximately 1 teaspoon of **Beta Peel 22%** and apply a thin, even layer using a semi-stiff fan brush, working in upward strokes. Avoid the eye area and do not apply to the eyelids. Instruct the client to keep their eyes closed throughout the process. Leave the peel on for 2–4 minutes. The client may experience mild tingling initially. To neutralize, remove the peel using cotton squares or gauze soaked in a water and baking soda solution.

Optional: Extractions

Apply **O2 Med** to areas of the face requiring extractions. Cover with plastic wrap and allow to sit for 2–4 minutes to soften comedones. Proceed with extractions, tissing off any excess **O2 Med** as needed.



Massage Phase: 10 Minutes

Step 6 Perform a facial massage with **Hydra Calm Facial Oil** or **Skin Nourishing Balm**.



TREATMENT DURATION:

65 Minutes



COST PER TREATMENT:

\$4.00 - \$5.00

TREATMENT DESCRIPTION

A results-driven facial protocol designed to exfoliate and rejuvenate using advanced technology and high performance ingredients. This treatment gently resurfaces dull skin, boosts collagen with vitamin C and peptides, and delivers deep hydration through thermogel therapy. Ultrasonic infusion enhances product absorption, while LED therapy helps reduce fine lines and inflammation to leave skin visibly smoother, firmer, and more radiant.

RECOMMENDED SKIN TYPES

Designed to revitalize all skin types with a focus on dry, lackluster, and maturing skin in need of a brightening boost and professional exfoliation.

EQUIPMENT AND SUPPLIES OVERVIEW

Please have these items available prior to beginning:

- Fan brush
- Bowls
- Warm towels
- Cotton rounds
- Headband
- Gloves
- LED Technology
- Ultrasonic Technology Device
- Plastic Wrap
- Water and baking soda solution
- Extraction tools



Mask & Technology Phase: 15 Minutes

Step 7 Apply the **VitaC Peptide Complex** to the face and neck, then layer the **Balancing Thermogel Mask** on top. Allow the mask to sit for 8 minutes before removing with warm towels.

Optional:

For enhanced absorption, use ultrasonic technology in infusion mode for 2–3 minutes over the mask. After infusion, leave the mask on for an additional 3–5 minutes, then remove with warm towels.

Step 8 Provide the client with protective eyewear, then perform LED light therapy based on their skin needs. Treat for 10 minutes over clean, dry skin.

- Red Light Therapy - mature, dry, or dull skin
- Blue Light Therapy - oily, acneic skin

Hydrate and Moisturize Phase: 10 Minutes

Step 9 Rebalance skin with the **Balancing Tonic** by saturating two cotton pads with the tonic and applying to the entire face, neck, and décolleté.

Step 10 Apply a layer of the **VitaC Peptide Complex** to the entire face, neck, and décolleté to infuse the skin with antioxidants and peptides while promoting collagen synthesis.

Step 11 Finish facial with a light application of the **Lactic C Firming Cream**.