Control Corrective
skincare systems®

Lactic Green Tea Peel

PERFORMING THE PEEL TREATMENT

Cleanse Phase: 5-7 Minutes

STEPS	INSTRUCTIONS
Step 1	Begin facial cleanse while steaming and warming up the skin. Apply **skin specific cleanser** and cleanse the face, neck, and décolleté. • **Gentle Facial Wash** - all skin types • **Anti-Aging Cleansing Gel** - dehydrated, sensitive skin • **Salicylic Wash 2%** - oily, acneic skin
Step 2	Saturate two cotton pads with **skin specific tonic** and apply to the entire face, neck, and décolleté. • **Balancing Tonic** - all skin types • **Sensitive Skin Tonic with Aloe** - dehydrated, sensitive skin • **Exfo Tonic** - oily, acneic skin

Skin Analysis: 5 Minutes

Step 3	Perform skin analysis.

Application: 15 minutes

Step 4	Provide a hand held fan for client comfort. Measure approximately 1 teaspoon of **Lactic Green Tea Peel 25%** and apply thinly with a semi-stiff fan brush in upward direction. Avoid the eye area and do not apply to eyelids. Make sure client keeps his or her eyes closed the entire time. Leave on 2-4 minutes then remove/neutralize with cotton squares or gauze soaked in a water/baking soda mixture. Client may feel mild tingling initially.
Step 5	Apply **Sensitive Skin Tonic with Aloe** or **Balancing Tonic** on a cotton round and smooth over skin to restore the skin pH balance, hydrate, and soothe.
Step 6	Gentle extractions, high frequency, and LED light therapy may also be used at this time.

Massage Phase: 10 Minutes

Step 7	Perform facial massage with **Hydra Calm Facial Oil** or **Skin Nourishing Balm**.

pH

pH 3.0

TREATMENT DURATION:
Approximately 40 Minutes

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COST PER TREATMENT:
$6.00

TREATMENT DESCRIPTION

A lactic acid peel is generally the safest exfoliation procedure for sensitive skin and those with hyperpigmentation because it is less drying and irritating. It is widely known for its ability to increase the water-holding capacity of the top layer of skin.

To achieve optimal results, may be performed weekly in a series or incorporated into a monthly maintenance facial.

RECOMMENDED SKIN TYPES

For all skin types in need of professional exfoliation.

EQUIPMENT AND SUPPLIES OVERVIEW

Please have these items available prior to beginning:
- Cotton rounds
- Warm towels
- 2 x 2 gauze or cotton squares
- Fan brushes
- Steamer
- Hand held fan

Lactic Green Tea Peel Treatment Protocol

Hydrate and Moisturize Phase: 3-5 Minutes

Step 8 Apply a small amount (2-3 cc) of **skin specific serum** to your hands and then massage into face, neck and décolleté.

- **Firming Tri-Peptide Serum** - dehydrated, aging skin
- **Beyond Brightening Complex** - hyperpigmentation
- **Calming Balm** - acneic, sensitive

Step 9 Apply **skin specific moisturizer**.

- **Oil Free Hydrating Lotion** - all skin types
- **Ceramide Daily Cream** - dry
- **O2 Med** - acneic
- **Anti-Aging Face & Neck Cream** - aging, hyperpigmentation

Step 10 Apply **skin specific sunscreen**.

- **Oil Free Sunscreen SPF 30** - all skin types
- **Tinted Moisturizer SPF 30** - aging, sensitive
- **Aroma Matte Day Cream SPF 30** - normal, oily