

# Zyme Peel

## PERFORMING THE PEEL TREATMENT

### Cleanse Phase: 5-7 Minutes

#### STEPS INSTRUCTIONS

- Step 1** Begin facial cleanse while steaming and warming up the skin. Apply **skin specific cleanser** and cleanse the face, neck, and décolleté.
- **Gentle Facial Wash** - all skin types
  - **Anti-Aging Cleansing Gel** - dehydrated, sensitive skin
  - **Salicylic Wash 2%** - oily, acneic skin
- Step 2** Saturate two cotton pads with **skin specific tonic** and apply to the entire face, neck, and décolleté.
- **Balancing Tonic** - all skin types
  - **Sensitive Skin Tonic with Aloe** - dehydrated, sensitive skin
  - **Exfo Tonic** - oily, acneic skin

### Skin Analysis: 5 Minutes

- Step 3** Perform skin analysis.

### Application: 15 minutes

- Step 4** Add approximately a ½ teaspoon of **Zyme Peel Powder** to one teaspoon of **Zyme Peel Activator** to create a creamy paste. Apply with semi-stiff fan brush. Enzyme mixture should be steamed on the client's face for 7-10 minutes. Make sure client keeps his or her eyes closed the entire time. Remove with cotton pads or a damp facial cloth.
- Step 5** Apply **Sensitive Skin Tonic with Aloe** or **Balancing Tonic** on a cotton round and smooth over skin to restore the skin pH balance, hydrate, and soothe.
- Step 6** Gentle extractions, high frequency, and LED light therapy may also be used at this time.

### Massage Phase: 10 Minutes

- Step 7** Perform facial massage with **Hydra Calm Facial Oil** or **Skin Nourishing Balm**.



**pH 4.5**



**TREATMENT DURATION:**

Approximately 40 Minutes



**COST PER TREATMENT:**

\$4.00 - \$5.00

#### TREATMENT DESCRIPTION

Enzyme treatments may be performed with or without other exfoliation procedures. Zyme Peel Powder, when mixed with the Zyme Peel Activator, and steamed, softens sebum and dissolves keratin buildup. It eliminates dead cells, digests surface debris and reduces accumulated sebum deep in the pores, removing excess dry, flaky skin without irritating the epidermal tissue.

To achieve optimal results, may be performed weekly in a series or incorporated into a monthly maintenance facial.

#### RECOMMENDED SKIN TYPES

For all skin types in need of professional exfoliation.

#### EQUIPMENT AND SUPPLIES OVERVIEW

Please have these items available prior to beginning:

- Cotton rounds
- Warm towels
- 2 x 2 gauze or cotton squares
- Fan brushes
- Steamer
- Hand held fan



## Hydrate and Moisturize Phase: 3-5 Minutes

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**Step 8** Apply a small amount (2-3 cc) of **skin specific serum** to your hands and then massage into face, neck and décolleté.

- **Crystal C Serum** - all skin types
- **Firming Tri-Peptide Serum** - dehydrated, aging skin
- **Beyond Brightening Complex** - hyperpigmentation
- **Calming Balm** - acneic, sensitive

**Step 9** Apply **skin specific moisturizer**.

- **Oil Free Hydrating Lotion** - all skin types
- **Ceramide Daily Cream** - dry
- **O2 Med** - acneic
- **Anti-Aging Face & Neck Cream** - aging, hyperpigmentation

**Step 10** Apply **skin specific sunscreen**.

- **Oil Free Sunscreen SPF 30** - all skin types
- **Tinted Moisturizer SPF 30** - aging, sensitive
- **Aroma Matte Day Cream SPF 30** - normal, oily