

# O2 Clear Facial

## Acne Collection Level 2: Advanced Therapy Cost per Treatment: \$6.00

### Recommended For:

Non-sensitive Acne-prone Skin.

### Menu Treatment Description

This skin-repairing treatment fights difficult acne on two fronts. First, advanced enzyme technology puts new muscle into deep cleaning exfoliation by dissolving pore-clogging sebum sludge and cellular debris. Next, the enhanced oxygen cream deeply purifies and softens pore clogging congestion, kills acne bacteria, and delivers much needed nutrition into the skin. The result? Not only are blemishes banished and large pores visibly diminished, but overall skin quality, tone and smoothness are enhanced as well. Particularly effective for smokers and those with a congested texture.

### Professional Treatment Description:

This gentle yet effective treatment relaxes the client as well as aims to help clear up acne and deep cleanses the skin. Clients receiving this facial will share how smooth the skin feels and how the pores appear smaller.

### Recommended Skin Type:

All skin types showing the signs of acne or breakouts. Excellent for those who need extra care and have neglected their skin.

### Product Overview:

- Salicylic Wash
- Medicated Pumice Wash
- Balancing Tonic
- Exfo Tonic
- Zyme Peel Powder
- Zyme Peel Activator
- O2 Pro Booster
- Sulfur Calming Mask
- Balancing Thermogel Mask
- Collagen Eye Defense
- Skin Nourishing Balm
- Hydrant Stabilizer
- Oil Free Sunscreen SPF 30

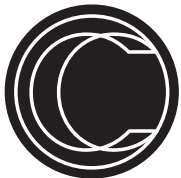
### Equipment and Supplies Overview:

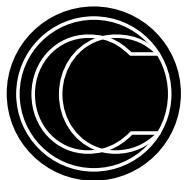
- Cotton rounds
- 3 Warm Towels
- Essential Oils
- 4 x 4 Gauze or Cotton Squares
- 4 Fan Brushes
- Plastic Wrap Strips
- Q-tips
- Steamer
- High Frequency

### Treatment Duration:

60 Minute Spa Advanced Therapy  
30 Minute Express Therapy (omit steps 8, 9, 11)

O2 Clear Facial





# O2 Clear Facial

## Cleanse Phase – Time 5-7 minutes

Step 1 First Cleanse: Begin facial cleanse while steaming and warming up the skin. Apply **Salicylic Wash** and cleanse the face, neck and décolleté. Soak cotton rounds in warm water and spray a small amount of **Soothing Chamomile Eye Makeup Remover**. Apply to eyes and wrap face in a warm towel with an aromatic calming blend. Compress towel and let client breathe in the essential oil for approximately 30 seconds. Unwrap towel; remove eye pads and excess make-up. Use towel to remove cleanser.

Step 2 Second Cleanse; Perform a second cleanse with the **Medicated Pumice Wash** to areas that exhibit more oil or congestion. Wrap face in warm towel with aromatic calming blend. Remove remaining cleanser and additionally remove steam from face.

Step 3 Saturate two cotton pads with **Exfo Tonic** (oily skin areas) or **Balancing Tonic** (dry skin areas) and apply to the face.

## Skin Analysis and Exfoliation Phase – Time 10-15 minutes

Step 4 Perform Skin Analysis

Step 5 Mix ½ teaspoon **Zyme Peel Powder** to 1 teaspoon **Zyme Peel Activator** to create a creamy paste. Warm up holding mixture under steamer to warm. (Test on your arm first to make sure temperature is not too hot). Apply the peel with fan brush while steaming client's face. Steam for 7-10 minutes. A rotary brush may also be incorporated to enhance the treatment about seven minutes into the treatment, while you are still steaming the client.

Step 6 Saturate two cottons rounds with **Balancing Tonic** and apply to the skin to restore the skin pH balance, hydrate and soothe.

Step 7 Apply approximately ½ teaspoon of **O2 Pro Booster** with small fan brush or applicator to areas with enlarged pores, breakouts or entire face if desired. Occlude with pieces of plastic wrap to intensify the penetration of the oxygen (good for areas with black heads/whiteheads) if desired. **NOTE:** This can cause mild tingle and temporary stimulation. Leave on 3-4 minutes. This increases microcirculation, softens sebum, and is anti-bacterial. Tissue off excess, but not completely, to make extraction work easier.

Step 8 During this time, remove headband from hair and perform a dry scalp massage. Enhance experience by adding a few drops of essential oil blend to palms of hands before you begin the scalp massage.

Step 9 Perform gentle extractions and High Frequency if needed. LED light therapy may also be used at this time if desired.

## Mask Phase – Time 10 minutes

Step 10 Apply **Collagen Eye Defense** around eyes with small brush or Q-tip, then apply **Sulfur Calming Mask** directly to blemishes. Over the rest of the face, apply the **Balancing Thermogel Mask** with fan brush to face, neck and décolleté.

Step 11 During this time, perform shoulder massage with **Skin Nourishing Balm**. Remove mask with moistened towels and sponges or cotton pads.

## Hydrate and Moisturize Phase – Time 3-5 Minutes

Step 12 Apply **Hydrant Stabilizer** to your hands and then massage into face, neck and décolleté, to restore hydration and balance to the skin.

Step 13 Finish facial treatment with application of **Collagen Eye Defense** and **Oil Free Sunscreen SPF 30**.