

# Dermal Flash Treatment

## Dermal Flash Treatment

### Signs of Aging Collection

### Level 3: Clinical Therapy

**Cost per Treatment: \$8.00**

**Recommended For:**

Mature, Non-Sensitive Skin Types Showing Signs of Aging, Sun Damage and Loss of Elasticity.

**Menu Treatment Description**

This rejuvenating treatment dials up the heat to deliver renewed skin smoothness and vibrancy to dull, aging and sun-damaged skin. Fueled by warming cinnamon extract, the deeply exfoliating Dermal Flash Peel increases circulation and gets skin glowing as it helps smooth wrinkles and fade unwanted pigment. Serums enhance surface plumpness and elasticity; a super lift mask cools things down as it firms and tones. Can be done monthly or alternated with the Lighten up Tighten Up Facial as part of a regular anti-aging maintenance program.

**Professional Treatment Description:**

This facial is the ultimate results-oriented treatment for clients that want to smooth out skin imperfections while tightening and toning tired or sagging skin. The skin will be left feeling hydrated, firm and smooth.

**Recommended Skin Type:**

An excellent facial for clients that experience skin changes due to hormones, sun damage, stress and extrinsic aging.

**Product Overview:**

- Gentle Facial Wash
- Salicylic Wash
- Hydra Calm Massage Oil
- Balancing Tonic
- Dermal Flash Peel
- Firming Tri-Peptide Serum
- Firm & Lift Mask Powder
- Firm & Lift Mask Activator
- Collagen Eye Defense
- Lactic C Firming Cream
- Oil-Free Sunscreen SPF 30

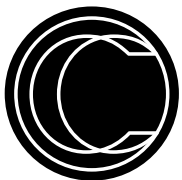
**Equipment and Supplies Overview:**

- Cotton rounds
- 3 Warm Towels
- Essential Oils
- 4 x 4 Gauze or Cotton Squares
- 4 Fan Brushes
- Plastic Wrap Strips
- Q-tips
- Steamer
- High Frequency

**Treatment Duration:**

60 Minute Spa Clinical Therapy

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## Cleanse Phase – Time 5-7 minutes

Step 1 Begin facial cleanse while steaming and warming up the skin. Apply **Gentle Facial Wash** or **Salicylic Wash**, and cleanse the face, neck and décolleté. Soak cotton rounds in warm water and spray a small amount of **Soothing Chamomile Eye Makeup Remover**. Apply to eyes and wrap face in a warm towel with an aromatic calming blend. Compress towel and let client breathe in the essential oil for approximately 30 seconds. Unwrap towel; remove eye pads and excess make-up. Use towel to remove cleanser.

Step 2 Saturate two cotton pads with **Balancing Tonic** and apply to the entire face, neck and décolleté.

## Skin Analysis and Exfoliation Phase – Time 10-15 minutes

Step 3 Perform Skin Analysis

Step 4 Measure approximately ½ -teaspoon of **Dermal Flash Peel\*** depending upon area to be treated.

- Have a fan blowing on client's face and their eyes should be closed. With a semi-stiff fan brush, thinly apply **Dermal Flash Peel** to the face, neck and décolleté. Avoid eye lids or any other sensitive areas.
- Client will feel mild heat and tingling for approximately one to two minutes, and then the sensation will begin to subside. Do not remove **Dermal Flash Peel**. It will fully dry in approximately ten minutes and will be followed directly on top with the **Firm and Lift Mask**.

## Mask Phase - Time 10-15 -minutes

Step 5 Mix approximately 1 teaspoon of the **Firm and Lift Powder** with enough **Firm and Lift Activator** to create a thin (almost "runny") fluffy mixture. It is important for this mask to be thin for easier removal and best results. Apply mixture with a fan brush, in an upward motion. Leave on approximately 7-10 minutes. You can assist drying of the mask with fan if desired.

*Note: The client will feel a lifting and tightening, as well as a vascular pulsating which is normal. If the client feels the product is "too tight" simply wet your fingers and apply to face until relieved.*

After the mask has been on the face approximately 7 minutes, steam the face for several minutes and remove mask as follows:

Mix a small amount of **Gentle Facial Wash** with water and massage onto the skin to "loosen" the mask. Then with warm towels continue to remove the mask.

Step 6 Spray **Balancing Tonic** on cotton pads and apply to the skin to restore the skin pH balance, hydrate and soothe.

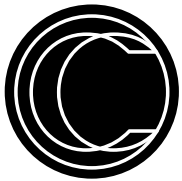
## Massage Phase – Time 10 minute

Step 7 Apply a few drops of **Firming Tri Peptide Serum** and massage into the skin, paying special attention to areas that show the signs of aging.

Step 8 Perform facial massage with **Hydra Calm Massage Oil**. No need to remove all the oil completely as Hydra Calm is a "breathable" non occlusive massage medium. Tissue off excess if desired or simply use some toner on a cotton pad and remove.

## Hydrate and Protect Phase – Time 5 minutes

Step 9 Finish Facial with a light application of **Collagen Eye Defense, Lactic C Firming Cream** and/or **Oil Free Sunscreen SPF 30**.



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## **Retail Follow-Through:**

Ultimate Repair Skincare Kit  
Reverse and Energize Skincare Kit

## **Tips:**

The **Dermal Flash Peel** contains *phenol* and *cassia (cinnamon oil)*. *Phenol* is the exfoliation property of the treatment and most effective for bringing back to life devitalized and sallow skin that occurs with age. *Cassia* acts as a vasodilator, which increases the circulation and works to plump and tighten the skin.

## **Tricks:**

The beauty of the **Dermal Flash Facial** is that it provides an immediate, radiant after glow. Compare the effects of this facial to a good workout and encourage your client to have this monthly to create a good skin fitness program.

The client who loves these treatments probably does so because of the intense sensations...hence they like to feel like something is happening. This is the client who you will want you to create an active, at home treatment for them. Share with them the exfoliating and hydrating properties of the **Lactic C Firming Cream** and that the 3 anti-aging peptides in the **Firming Tri Peptide Serum** are credited with stimulating collagen and elastin.

The **Firm & Lift Mask & Activator** mixture can be used as a stand-alone "eye lift" or "neck lift" or an add on for special occasions.